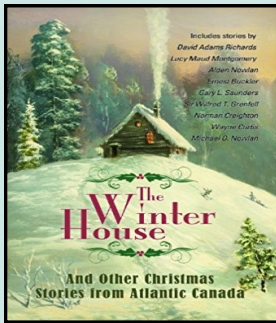


# BROCK HOUSE Society

December 2017  
January 2018  
25 cents

## The Gallimaufry

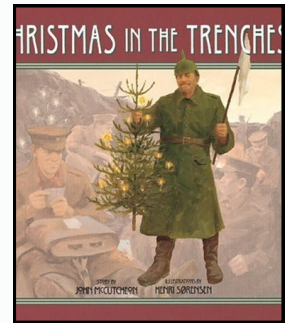
A Brock House Society Publication



Join us for the *Esther Birney Series*' final installment of the year

a special Christmas Presentation on  
**December, 7 at 10:30 a.m.**  
**in the Halpern Room**

**Dr. Jennifer Wade** will read her story "The Celluloid Angel", which was originally published in *The Atlantic Advocate* and was later chosen for an anthology of Christmas stories entitled *The Winter House* (Nimbus, 2011).



Next, an introduction to **John McCutcheon's** ballad, *Christmas in the Trenches*, read by **Anne Klintworth**. This will be followed by a YouTube video of the ballad.

**Caroline Leckie**, who hails from Bay Robinson, NL, will read a Newfie version of *The Night Before Christmas*.

Harpist **Elsa Thorn** will accompany the readings with Christmas music.

**Brock House/Kerrisdale Choir presents**

**HEART AND SOUL**

**Saturday February 3 at 3pm**

**Marpole United Church**

**1296 – 67<sup>th</sup> Ave at Hudson St. Vancouver**

**Tickets \$10 – Children under 12 Free**

## Classic Carollers



**Thursday, December 14**

*Performers:*

**Tim Pawsey \* Heather Pawsey**  
**Shelley Hunt \* Stephen Courtenay**

**1:45 - 3:15**

**In the Conservatory**

**Members: \$8 Guests: \$10**

*Sponsored by the George Halpern Fund*



**Where Seniors Stay Young**



**Brock House Society - 3875 Point Grey Rd, Vancouver BC V6R 1B3 - [BrockHouseSociety.com](http://BrockHouseSociety.com)**



## From the President's Pen

What can I say about a Brock House fair that I haven't already said many times? Hmm, not much, so I'll gladly repeat myself. What a day! I've been reliving the many warm moments and laughter. We know that everyone works very hard but sometimes all that shows is the fun. Congratulations and thank you to Elizabeth and Dennis Jackson who chaired the Christmas Fair Committee. Your generosity and tireless energy is inspiring. We hope you won't let a measly one-hour commute make you strangers.

In my heart everyday is Remembrance Day, and I was deeply moved by how many members and guests attended the Tribute. The Brock House Big Band once again wow'ed us; all volunteers. Just like the members of the Events Committee who hosted. Without our volunteers we wouldn't have the many functions and programs that we do. Thank you! And look at that backdrop (see photo below). It's something that, as Society members, we're allowed to appreciate everyday.

A fine segue to:

You've already received your Winter Program, 2018 and might be enticed to take something new and wonderful, or fantastic and familiar. However, first, if you haven't already, you'll need to renew your



membership. If you know of someone who receives the Guaranteed Income Supplement tell them that they may be eligible for a 50% reduction in the cost. The difference is funded by the George Halpern Trust Fund. Dr. Halpern was the founding President of the Society. Another segue, I'm on a roll:

Speaking of founders, the Society offered its first winter program in January, 1978. So we're:

### *Celebrating 40 years of success*

The big do is in June (see p.4). Thank you to Don Hudson, Patricia Brady, Peter Phillips, Peter Scott, Sophie Djordjevic and the Brock House Restaurant who started brain-storming earlier this year.

A new year means that the nominating process is beginning for directors to serve on the 2018/2019 Board. If you'd like to get to know the Society a lot better and give to a wonderful community, please consider volunteering. You can get contact information for this and other volunteering opportunities in the office.

As always, there's a copy of the Board's meeting minutes in the Library. The budget for 2018 has been approved. If you have comments or questions, please don't hesitate to contact me ([beverleyann@gmail.com](mailto:beverleyann@gmail.com)) or any other member of the Board.



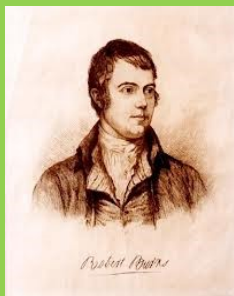
Photo credit: Patricia Brady

**"May your coming year be filled with magic and dreams and good madness. I hope you read some fine books and kiss someone who thinks you're wonderful, and don't forget to make some art -- write or draw or build or sing or live as only you can. And I hope, somewhere in the next year, you surprise yourself."**

**- Neil Gaimann**

All of the best of the holiday season to you and yours, Happy New Year and see you around the House.

*-BevAnn Lister Dean, President*



One of Brock House Society's  
favourite events.

## Robbie Burns Celebration

Friday, January 26  
1:30—3:00

### Entertainment:

Dr. Edward Mornin will Pipe in the Haggis  
Peter Scott will give the Address to the Haggis  
Michael Viens from *BlackThorn Productions* will entertain

**Gentlemen, this is a good opportunity  
to wear your tam-o'-shanter!**

**Members: \$17.00, Guests: \$20.00**

Purchase tickets online or through the office

## Northwest Flower & Garden Festival

**Wednesday, February 7**

**8:00 a.m. - 9:00 p.m.**

**\$129.00 members & guests**

includes admission to the show  
and dinner at the  
**Outback Steakhouse**  
in Burlington



The Washington State Convention Center in Seattle hosts the Festival. Take four hours of free time to explore six acres of flowers, plants, exhibits, seminars, etc.

Valid passport or enhanced drivers license or Nexus pass or enhanced BCID required to cross the US border.

**Purchase tickets online or  
through the office.**

Another fine Halpern Performing Arts Event

## I Divi

**Tuesday, February 6**

**1:45 - 3:15**

in the Conservatory

**Paulina Harskamp,  
Eileen Deros  
and Tony Roper**

will offer solos and duets from opera,  
operetta and Broadway

**Members \$8.00**

**Guests \$10.00**

Purchase tickets online or  
through the Society office.

Sponsored by the George Halpern Trust Fund

# First Nations 101

tons of stuff you need  
to know about  
First Nations people

Lynda Gray

The Brock House Society  
Program Committee  
is pleased to offer  
a presentation  
by

**Linda Gray**  
**Thursday, December 7,**  
**1:30-3:00, Halpern Room**  
**Q & A to follow**

**Cost: \$5.00**

Register online or  
through the office.  
Members only

Lynda's work is grounded in a strong belief in community development, youth empowerment and culture as therapy. She served as the Executive Director of the Urban Native Youth Association in Vancouver, has a degree in Social Work from UBC and released her best selling book First Nations 101 in June, 2011. She sits on various boards including the UBC President's Advisory Committee on Aboriginal Issues and the Vancity Community. Lynda is the proud mother of two adult children and an active member of the First Nations community.

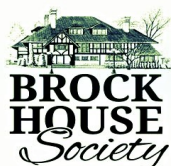
## Brock House/Kerrisdale Choir

The Brock House Choir's winter performance is on **February 3, 2018** (*See the front page*).

An interesting fact: Elsie Stephen, our Brock House Choir leader, says the one of the most challenging and time-consuming parts to being a choir conductor is selecting the music in the first place. There are many things to consider in order to create a quality concert - variety in mood, tone, rhythms to name a few plus they cannot be too easy or too difficult. Elsie wades through many selections to find songs with the right fit. Sometimes Elsie also has a theme in mind - folk music, or time, or place. But this time the theme is, well....no theme....simply great tunes and great variety.

We are totally enjoying practicing the songs and getting ready for you. To repeat:, *see the front page* to find out where our next concert is - on **February 3, 2018**, folks. See you there!

-Judy Ashton



**Save the date.**

**Wednesday, June 6, 2018**

**3:00 - 7:00 p.m.**

**Please join us for a very special event.**  
**Watch *The Gallimaufry***  
**and notice boards for further details.**

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## Increase Your Visibility!



Just over a year ago, Brock House Society became a partner in a project that was very dear to our hearts. It was the **Walk and Be Seen** campaign, spear-headed by a group of energetic individuals as part of the West Side Seniors Hub (Kitsilano Neighbourhood House).

As a member of the Board at Brock House, it was clear to me that I had a responsibility to promote this program to our membership for the following reasons:

The purpose of the **Walk and Be Seen** campaign is to increase the visibility of individuals, especially seniors, who are out on the street at twilight, night time or in any other low light conditions. Unfortunately, Vancouver does not have a very good track record for making Seniors aware of the dangers in crossing roads or just stepping off the curb at intersections, and many accidents occur in the fall and winter months.

We do not compare favourably with other cities such as Stockholm, which is at about the same latitude as Vancouver, and suffers far less accidents per capita than we do. This is because they embarked on an ambitious awareness raising program a long time ago and it is working!

Those of you involved in a group at Brock House who are already participating in this program, for example: The Pole Walkers, Hikers, Porcelain Painters, Yarns and Needlecraft, and Artists Group, **good work. Keep it up!**

For those of you who are unfamiliar with the project, let me continue.

To participate you need to be a member of Brock House Society and able to make a commitment to wearing some item that raises your visibility when you venture outdoors in low light conditions.

You are required to keep a record of the number of walks taken per week wearing this item, and to note any interactions that you may have with passersby who express interest in the item. This information will be collected from you periodically.

*These items are provided free of charge while quantities last, but are not to be sold to another party and are to be returned if you're no longer able to participate.*

These items include reflective material that can be worn as a slap-on wrist band which reflects light as you swing your arms when walking. There is also a similar band that produces a red flashing light and can be worn around the upper arm, ankle or even as a head band.



Other reflective items are: a sash worn across the shoulder and upper torso and reflective material that can be ironed on to any part of your outerwear garment

You may want to raise your visibility profile by adding a flashing swivel light to the strap of your purse, shoulder bag, knapsack, or belt.



We have encouraged our Yarn and Needlecrafts group to knit toques, scarves and even gloves that include reflective yarns and other materials, which may even improve the fashion and style of the items.

Keep one of these visibility-raising items close to your jacket or coat so that it becomes second nature to you for inclusion on your journey. You will certainly raise your chances of returning home safely if you do so.

So, as you can see, there are numerous options but it is the **intent** that is important.

If you are interested, please contact the office with your name, telephone number and email address, and make reference to the **B.H.S. Walk and Be Seen campaign coordinated by Peter Phillips.**

If you wish to go outside of the program, how about purchasing a similar item from Mountain Equipment Coop, a project sponsor, or some other outlet and using them as stocking stuffers for your children or grandchildren? The younger they are, the better it is to start low visibility safety awareness.

Thank you and stay safe.

*-Peter Phillips  
1<sup>st</sup> Vice President*

## Services for Seniors

*Here's what's on in January in the Halpern Room  
Wednesdays, 1:00 p.m.*



### **January 17**

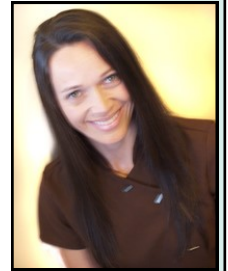
#### **Earthquake Preparedness, Karen Konrad, St John Ambulance**

A great way to start off the New Year is to be **prepared**. We are always hearing, "it isn't if, it's when" we will be involved in an earthquake. **Karen Konrad** from The St. John Ambulance group will walk you through what your kit should hold in order to survive in an earthquake.

### **January 24**

#### **Osteopathy and Good Health, Melita Hatton**

**Melita Hatton**, BAppSC (Osteopathy) will inform you on the benefit of osteopathy. It is a type of body treatment that emphasizes massage and other physical manipulation of muscle tissue and bones to create good health and mobility.



### **January 31**

#### **Mindfulness based Dementia Care, Dr. Liz Drance**

Many of us are dealing with friends and family suffering from dementia and finding it painful, frustrating and exhausting. **Dr. Liz Drance** is a very experienced and engaging geriatric psychiatrist who has made Mindfulness a core part of her practice working with people with dementia and the people caring for them. This approach is very well researched and has been found to be helpful in supporting well-being under stressful circumstances - physical, mental and emotional. There will be information as well as an opportunity for some experiential learning.

## **Musqueam Weaving and Storytelling Class at Brock House, 2017**

When Brock House offered the opportunity to learn Musqueam weaving from none other than **Debra Sparrow**, weaver and artist extraordinaire, I signed up immediately. I have always considered myself fortunate to have had Indigenous people, their culture, art, and music invigorate my entire life. I have worked with fibre for over fifty years but have never done any weaving. The process seems very natural to me but definitely challenging. The added aspect in this course is hearing Debra relate her personal stories and the history of the Coast Salish people. I have learned much more than I expected and it has deepened my understanding and relationship with our First Nations people. This weaving has awakened a new passion for fibre using it in a different way....and thanks to the Brock House Woodworkers for making all the lovely Musqueam looms.

*-Linda Hull*



***This class is being given again during Winter, 2018.  
Check your Winter Program & the website for details. - Ed.***

## Brock House Chess Club

Our friendly match with the Bonsor Seniors Chess Club saw seven of our members play seven of theirs. Our team won three games and drew another three for a total of 4.5 points against 9.5 points for Bonsor. It was an enjoyable meeting and a great learning experience. Many thanks to all who came and to Brock House for the amenities and refreshments, which were much appreciated. The next friendly game is expected to be held in spring 2018 at Bonsor Recreation Complex in Burnaby.

The Brock House chess players meet every Tuesday and Thursday from 1:00 p.m. to 3:00 p.m. in the Meyer Room. All are welcome to come and play or watch and share their experience.

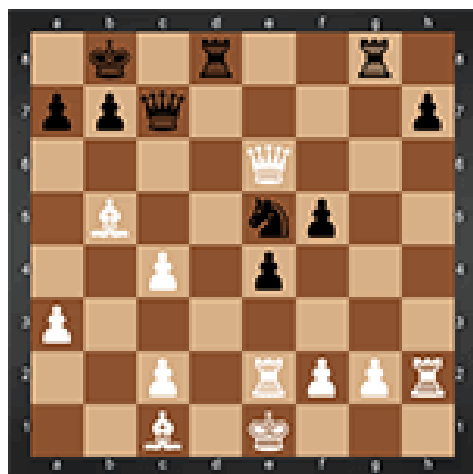
*-Alex Ramirez, Convenor*



**White to move and win in 3**



**Black to move and win in 3**



### **Brain Teasers!**

1. Mr. and Mrs. Smith have seven daughters. If each daughter has a brother how many children do Mr. and Mrs. Smith have?
2. A boy is walking around in a carnival and he sees a single man in a booth. He walks up to the man and asks what the booth is for. "Well," says the man, "I can write your exact weight on this slip of paper. If I get it wrong, I pay you \$20. If I get it right, you pay me \$20." The boy looks around, and seeing no scales, agrees. 5 minutes later, the man has gotten \$20 from the boy. How?

**The answers to last month's teasers are:**

1. Yes, they can cross in exactly 15 minutes.  
First, A and B cross the bridge and A brings the light back. This takes 3 minutes.  
Next, C and D cross and B brings the light back. This takes another 10 minutes.  
Finally, A and B cross again. This takes 2 more minutes.
2. The match



Meat

# Evading Things

By

*Peter Brock*

"Excuse me, sir."

"Not now, Jenkins. I have to meet some important people for lunch."

"It is urgent, sir. From NASA."

"NASA messages go to Science and Technology, don't they?"

"It's a FLASH message sir."

"Well what is it then? They're not demanding another few billion for some bloody rocket gone wrong, are they?"

"In a way, sir."

"Not another dime, Jenkins – and that's final."

"It seems there's a huge asteroid on a direct collision course with Earth."

"A huge asteroid?"

"A 'giant' was the word they used sir."

"But wouldn't that be rather destructive?"

"Cataclysmic was the word they used in the message."

"Yes I see. And how far away is it?"

"They can't measure it in distance sir but a figure of about 40 hours was mentioned for the contact."

"Contact?"

"Or 'cataclysm' I suppose one might venture to say."

"Bloody hell. Why do these things always come up just as I'm off to a good lunch?"

"That is rotten luck, sir."

"It is rotten luck. And now I suppose I'm expected to rush off somewhere?"

"There is the old nuclear bunker sir, but the funds for upkeep were stopped years ago."

"I do remember that. General Wyler was in quite a temper about it."

"He was."

"Is the General still the CDS?"

"Yes sir. I tried phoning him but he's out for lunch."

"I think it would be best for someone else to speak to him."

"He can be unforgiving."

"Try making a few more calls, Jenkins."

"Quite a few calls have come in for you, sir. I've put them all on hold."

"Well, one thing we might do is stop signing any more construction contracts."

"There is quite a pile of them waiting for your OK."

"That's enough of that, Jenkins. I nearly work myself to death around here."

"Of course everyone here admires you greatly. Dawn to dusk they all say about you."

"Is it dawn to dusk? I'd heard 'morning, noon, and night'."

"That and other things, sir."

"Tell me honestly, Jenkins. Does the staff really admire me?"

"Absolutely sir. But shouldn't we make some decision about the asteroid?"

"The which? Oh the asteroid. Why of course we must take action. At once, Jenkins."

"Yes sir. What action?"

"What action? Jenkins, don't bloody expect me to drive myself into the ground with work. I told you I'm in a rush. Find someone to call Wyler. Oh, and check our insurance position. Everything about this is TOP SECRET until we pick up all the insurance we need. And call the Air Duty Officer. See if the PM's jet is properly ready."

"To fly where, sir."

"That's for the PM to worry about – when you find him. Now I absolutely must dash."

"Will you be back this afternoon?"

"Bloody cheek, Jenkins."

"Not my question, sir. Miss LaTouch in the reception area wants to know. She wants to show you a new mink coat she's been looking for."

"Jenkins, I told you, Miss LaTouch is not to be kept waiting in reception."

"I gave explicit instructions to security, sir. But she can make quite a fuss."

"One headache after another. I really do need time off. I'll call in later. In the meantime, get the lead out, Jenkins. Deal with this. That's what you're paid for. Get a move on!"

"Will do. Don't worry sir. We'll be all right. At least for the next 40 hours or so."

## **Brock House Sing-Along**

As always we are happy to welcome newcomers. Join us any **Monday afternoon from 1:30 to 3:00 p.m. in the Conservatory**. Leora Williams plays the piano and Joane Sunahara accompanies with her recorder. All members are welcome. Come and sing, put a smile on your face and meet some friendly people. Relax and enjoy the songs of our era as well as seasonal favorites. We make our sing-alongs a fun activity that generates smiles and brightens our day.

In addition to our Mondays at Brock House, we visit seniors' residences each month for a participatory sing-along with their residents. These outings are very rewarding experiences for both our members and the home residents.

*-Alex Curror*

### **Brock House Sing-Along**



Photo credit: Margaret Hyslop

## **Brock House Orchestra**

Thank you, Ann Foster, for your faithful reporting of the activities of the Orchestra in the past, and for being a successful outreach person for a number of years. It's nice to know you are still playing and we all wish you a happy outcome to your health problems.

It's been a busy Fall for the Brock House Orchestra. Our conductor, Jeffrey Tseng, prepared an ambitious program for the orchestra to practice which we then performed at Amica at Arbutus (October 16), Shannon Oaks (October 30) and Revera-Crofton Manor (November 28) senior homes. The music included movements from symphonies by Mozart and Bizet, Beethoven's Egmont Overture and pieces by Brahms and Eric Coates. Mr.

Tseng also introduced the residents to a beautiful composition from his homeland, Taiwan, "The Angel from Formosa", by Tyzen Hsiao. The musicians were well received by the audiences, even getting an "encore" in one location, to which we were happy to oblige.

The concerts were enlivened by the amusing introductions of our MC, Doug Davidson, one of the trumpet players. Thank you, Doug.

We plan to use December to practise and celebrate and we're playing out again in January.

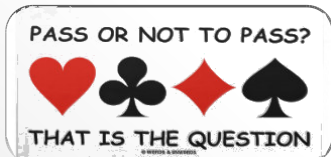
Seasons Greetings from the members of the orchestra.

*-Philip Neame*

## **Orchestra-nerd-problems**

**#1. Being so close to being in-tune that you don't know if you're sharp or flat.**





## Harrison Hot Springs Bridge Tour

April 17/18/19, 2018

This annual event is a successful, enjoyable three days of playing bridge, Duplicate, Chicago and fun bridge, prizes, fine dining, and use of hotel amenities.

**Cost: \$355.00 per person, double occupancy  
\$495.00 per person, single occupancy**

**This price includes 2 dinners,  
2 buffet breakfasts, 2 night accommodation,  
bus transport to and from Brock House,  
and lessons by Al Freeze.**

### Registration

**You do not have to be a Brock House Society member to participate**

Brock House members date will begin Thursday, February 1 to Friday, March 2, 2018

Non-members may register beginning Thursday, February 8, 2018

### To Register

By Phone: Brock House - 604-228-1461 Monday to Friday 8:45 a.m. -3:45 p.m.

On Line : After February 8 - [www.brockhousesociety.com](http://www.brockhousesociety.com)

In person: Brock House, 3875 Point Grey Road, Vancouver, B.C., 3rd floor

By mail: Brock House Society, 3875 Point Grey Road, Vancouver, B.C. V6R 1B3

Full payment required at time of registration

Cash/Cheque/Visa/Master Card or Debit Card

## Please *Welcome* these new members ...

Judith-Tora Anderson, Anna Batts, Gwen Boyle, Harry Boyle, Sandra Bruneau, Kathleen Cassidy, Pat Chapman, James Conwell, Bill Dovhey, Suzanne Everett, Martha Lou Henley, Anne Jull, Anita Kilberg, Paul Kliffer, Huguette Laflamme, Irene Macdonald, Geri Martin, Melody Mason, Penny Mason, Carolyn Neighbor, Bryan Phenix, Alice Rabinowitz, Peter Redkwich, Karen Roberts, Adonna Rudolph, Cecilia Sev, Muharrem Sev, Avril Simpson, Naomi Taylor, Mataya Varsek, Gunter Waldkirch, Norma West, and Robert West

## Read a Good Book Lately?

As part of the 150th Anniversary Celebrations, Brock House members were invited to participate in a Canada Reads project. I asked people to nominate the names of celebrated Canadian authors, and their acclaimed works of fiction, so that we had inspired choices for our autumn Esther Birney literature series. This successful program of lectures just wound up on November 30th. In connection with this project, Donna Hossack has compiled a comprehensive list of writers from across the country, which we include here to "round off the year," and with the hope that these works will supply our members with many hours of reading pleasure. A few of these works are in our BHS Library, especially several by Newfoundland author Wayne Johnson.

- Sandy Lundy

### Canadian Books to Celebrate Canada's Sesquicentennial

Submitted by Donna Hossack

Emily Carr 1871 - 1945	<u>Klee Wyck</u> (1941) - British Columbia <u>Hundreds and Thousands: The Journals of an Artist</u> (1927-1941)
Joy Kogawa 1935	<u>Obasan</u> (1981) - British Columbia
Guy Vanderhaeghe 1951	<u>The Englishman's Boy</u> (1996) - Saskatchewan
Sinclair Ross 1908 - 1996	<u>As For Me and My House</u> (1941) - Saskatchewan
Margaret Laurence 1926 - 1987	<u>The Stone Angel</u> (1964) - Manitoba <u>The Diviners</u> (1974) - Manitoba
Carol Shields 1935 - 2003	<u>The Stone Diaries</u> (1993) - Manitoba, Indiana, Ontario, Florida
Jane Urquhart 1949	<u>Away</u> (1993) - Northern Ireland, Eastern Ontario <u>The Underpainter</u> (1997) - Northern Ontario
Timothy Findley 1930 - 2002	<u>The Piano Man's Daughter</u> (1995) - Southern Ontario
Margaret Atwood 1939	<u>Alias Grace</u> (1996) - Eastern Ontario
Richard B. Wright 1937 - 2017	<u>Clara Callan</u> (2001) - Southern Ontario, New York City
Hugh MacLennan 1907 - 1990	<u>Two Solitudes</u> (1945) - Quebec <u>Barometer Rising</u> (1941) - Nova Scotia
L.M. Montgomery 1874 - 1942	<u>Anne of Green Gables</u> (1908) - Prince Edward Island
Wayne Johnston 1958	<u>Baltimore's Mansion, A Memoir</u> (1999) - Newfoundland <u>The Colony of Unrequited Dreams</u> (1998) - Newfoundland

# Christmas Fair, 2017

## Wrap-up

The Xmas Fair 2017 went extremely well and we would like to thank the Convenors, the excellent staff of Brock House and the many volunteers who made this year's fair a great success. A terrific day that was enjoyed by all of the attendees.

*-Elizabeth and Dennis Jackson, Co-Chairs*

### Yarn and Needle Crafts

The Yarn and Needle Craft group had a very busy, successful day at the Fair. Many thanks to group members Lenore Hampton, Maribeth Ruckman, Donna Vela-Martinez, Betty Gunter and Valerie Walker for their hard work creating projects for the Fair, setting up, manning the booth, and cleaning up, and to our dedicated volunteers Barbara Selwood, Dawn Klassen and Sue Robinson for the long hours they worked at the booth on Saturday. Thank you as well to those who so generously donated hand-made projects and supplies to the group, and to all who came to the Fair and purchased items to support Brock House.

*-Dorothy Simons and Carol Jackson, Convenors*

### Book Sale

The book sale at this year's Christmas Fair seems likely - once the final sales are added in - to have been our most successful Christmas sale ever. This follows our most successful summer sale ever. It has been a very good 2017 for Library book sales. If you saw the Library in the final weeks leading up to the Fair you would have noticed the ever-increasing piles of boxes and bags of donations from Brock House members. Despite our best efforts to keep on top of things, navigating the floor of the Library became a bit of an obstacle course right at the end. But thanks to those donations, and the hard work of almost 40 library volunteers who sorted - and sorted! and sorted! - and then sold, Fair attendees were presented with a large and enticing array of fiction, mysteries, history, biography, and a wide array of other non-fiction books. And you should also be aware that Library Committee members review all donations to see if there are any candidates to be added to the Library's collection. This is the primary way in which we systematically refresh

the Library's book stock, keeping it interesting for our members. Be sure to check out these new additions in the new year!

Fair book sales run very smoothly and do not happen by accident. Each sale is a thoroughly well-run process involving contributions from several key figures who have, over time, developed very efficient routines. I would, however, particularly like to recognize the work of Barbara Holder, who took over responsibility of organizing the sale volunteers from Donna Hossack as of this sale. Recruiting and coordinating almost 40 volunteers is an enormous amount of work and Barbara has done it superbly well. I would also like to acknowledge the hard work of Lee and Nebojsa hauling innumerable boxes and flats of books up and down the elevator and stairs and in and out of storage. My thanks are extended to everyone who helped make this sale such a success.

*-Frank Winter, Chair,  
Brock House Library Committee*

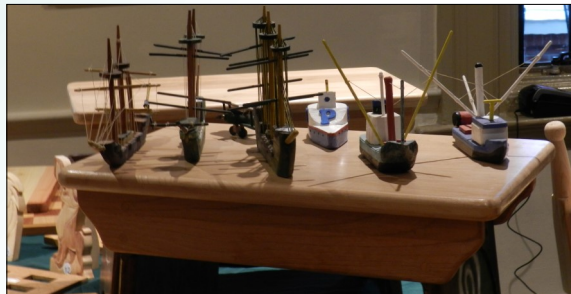
**Outside of a dog, a book is man's best friend.  
Inside of a dog it's too dark to read.**

**-Groucho Marx**

## Fashion Accessories

We had a good day due to the generous donations of Brock House members and the many shoppers that visited. Thank you!

*-Shirley Tobert, Convenor*



I was grateful to see many of the Brock House woodworkers including Petrus A, Bob D, Bill F, Stuart H, Bob H, Rona H, Bob K, Erica L, Susan L, Alan M, Steve N, Charlie S, and Zig H enjoying themselves at the Brock House Fall Fair as they talked and explained the pieces of woodwork and the value of the workshop at their volunteer tables. Alan, Steve, Charlie, Bob and Erica did a particularly good job handling the money and tracking the inventory so that we can tell which items seem popular enough to reproduce for the next big sale. The fair reminds me in many ways of the old time barn raising parties where people gathered to altruistically direct their interests and skills towards a common cause.

I like the excitement, comradery and merriment engendered by the Fall fair. I also like to watch how each person interacts with the various wood work in our displays and wonder about the patterns in their choices. Even though there are many excellent crafts in the displays, most

people seem to independently reach for the same items as if there is some fundamental aspect of shape, colour or texture that attracts them. Aside from the expected selection of tables, step stools, boxes, urns, bowls, vases, cutting boards and book shelves the fair for this year had several novel items including a Salish loom, three strum sticks, several model sailing ships, some canes, a doll cradle, a turned bird nest box and some delightful stools for small children or older adults that can still squat low enough to sit on a stool.

If someone bought the items that interested you while you pondered whether you could fit them into your apartment or you just want to ask us about your own special project needs please contact me, the Workshop Coordinator, at the Brock House workshop on Thursday morning or e-mail [wramey@interchange.ubc.ca](mailto:wramey@interchange.ubc.ca) with "Brock House Projects" in the subject line.

*-Bill Ramey*

## Christmas Fair at the Cafeteria

I wish to thank all the Brock House members who worked in the Cafeteria: Polly S., Valerie C., Janey C-M., Joanie Mc., Lindsay S., Lorraine Mc., Sue T-S., Tessa G., Kay L., Jean Mc., Andrea B., Anne C., Roger W., and looking after the volunteers in the Activity Room: Dawn A., Karin G., and Terry D. Everything ran without problems probably because most of these volunteers are Regulars who work for us every week.

The Menu in the Cafeteria: Chicken pies, Spinach & Feta Quiches, Egg and Turkey sandwiches, mince tarts, fruit cake, loaf slices and a variety of drinks: coffee, tea, hot chocolate and hot apple cider. The food offerings for sale were enjoyed but not as much was sold as in other years. Our visitors loved Kaz's chicken pies and the turkey on cranberry bread sandwiches especially.

Thank you, Kaz, Elizabeth and Dennis J., (for the shopping), Lee and Nebojsa, (for the planning and delivering), and Vera (for the 101 things you do for us and often at a moment's notice!).

*-Diane Kika, Chair, Food Services Committee*

### *Artist Group*

The Artists' Group featured a wide selection of Christmas cards this year; Robin O'Brien's whimsical card of a penguin was particularly popular. Next year we plan to offer more Christmas images, especially whimsical ones, and maybe some original watercolour cards.

If you haven't got your Christmas cards for that special person, there are still some available in the office on the 3<sup>rd</sup> floor of BH, but act quickly, they are very popular.

Many all occasion cards are available too, drop by the office and pick up a few. Great cards, great cause and great prices.

Thank you to everyone for supporting this project and thank you to my Fair Day helpers.

Merry Christmas to all from the Art Group.

*-G. Olson, Convenor, Artist Group*

### Holly and Cedar at the Christmas Fair



Thanks to volunteers Elizabeth Barthel, Jo Ann Turner, Robert Boyd and Don Hudson for all their work in preparing the holly and cedar and manning our booth at the Christmas Fair. Thanks to Brock House members and guests who purchased some of our offerings, took away our leftovers at the end of the day or just stopped by to chat. You brightened our day, Thanks also to Elizabeth and Dennis Jackson for chairing the fair, to the Park Board for supplying the holly and cedar, and to our hard-working staff Lee, Nebojsa, Vera, and Sophie.

*-Don Forsyth, Convenor,*

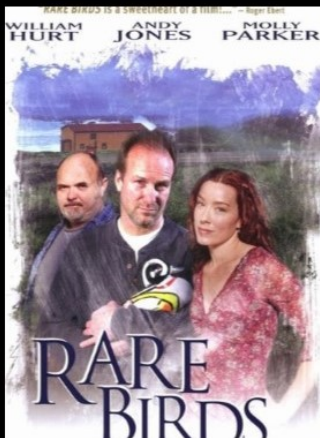
### Merry Christmas Brock House Members



The Jewelry Committee would like to thank you for your donations to the Christmas Fair, without your generosity we wouldn't be successful. Enjoy the Christmas season, we wish you all the Best in 2018.

*-Patricia Peters*

*Fish and Chips, a Flick and good Friends.  
The 3 "F's" of a fine Friday afternoon at the House.*



## **Friday Flicks**

**Start time: 1:00 p.m.**

**\$2.00**

**Exact change please.**

**December 1**

### ***Queen of Katwe***

**124 mins. - USA - 2016**

A biographical piece about Ugandan chess player, Phiona Mutesi. Her life began in a Kampala slum yet she grew up to become a World Candidate Master and to represent Uganda at the World Chess Olympiads.

**December 8**

### ***Hidden Figures***

**127 mins. - USA - 2016**

Based on the non-fiction book by Margot Lee Shetterly, the film tells the story about 3 African American female mathematicians who worked at NASA during the space race between the USSR and the USA.

**December 15**

### ***Rare Birds***

**99 mins. - Canada - 2001**

Set in Newfoundland where a talented but struggling restaurant owner and his neighbour "hatch" a scheme to help the business. They report the sighting of a rare duck. The plan works, but where do the industrial spies fit in?

*Happy  
New  
Year*



## Friday Flicks

Start time: 1:00 p.m.

**\$2.00**

Exact change please.

### January 12

#### *Lion*

2016 - 118 mins.

*"Lion sneaks up on you as it proceeds to pluck your heart strings with its little cat feet. Then, before you know it, tear ducts will be brimming and your entire being will be awash with incredible joy but also a splash of bittersweet sorrow. At least that is what happened to those around me during the course of this incredible true story about a five-year-old Indian boy named Saroo, ..." - Roger Ebert*

### January 19

#### *Born in China*

*Documentary, 2016 - 76 mins*

From frigid mountains to the heart of the bamboo forest, filmmaker Lu Chuan follows the adventures of three animal families in China: the majestic panda, the savvy golden monkey and the elusive snow leopard.

### January 26

*No Movie*

*Celebrating 40 years  
of success!*

**LUNCH MENU**  
**Brock House Society**  
**DECEMBER 2017**



MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
<i>Celebrate 40 years!</i> <i>Coffee, Tea and Cupcakes</i> <i>in the Conservatory</i> <i>December 4, 10:00-2:00</i>	<i>Esther Birney</i> <i>Special Christmas Event</i> <i>December 7</i> <i>10:30-11:45</i>		Halpern Performing Arts presents <i>The Classic Carollers</i> Thursday, December 14, 1:45-3:15	<sup>1</sup> Vegetable Soup Fish & Chips
<sup>4</sup> Italian Bean Soup Spaghetti & Meatballs Rapini Salad	<sup>5</sup> Leek & Fennel Soup Chicken Crepes Potatoes Gratin Salad	<sup>6</sup> Brock House Christmas Luncheon Coffee & Tea available on the mezzanine	<sup>7</sup> Yellow Pea Soup Tourtiere Mixed Vegetables Salad	<sup>8</sup> Italian Wedding Soup Fish & Chips
<sup>11</sup> Won Ton Soup Chicken Chow Mein Vegetable Stir Fry Rice	<sup>12</sup> Tomato Soup Shrimp Manicotti Broccoli Salad	<sup>13</sup> Beet Soup Beef Stroganoff Butter Noodles Salad	<sup>14</sup> <i>Classic Carollers 1:45</i> Green Pea Soup Spanish Chicken Legs Potato Tortiall Salad	<sup>15</sup> Manhattan Clam Chowder Fish & Chips
<sup>18</sup> No Lunch Served Sweets & Coffee Available	<sup>19</sup> No Lunch Served Sweets & Coffee Available	<sup>20</sup> No Lunch Served Sweets & Coffee Available	<sup>21</sup> No Lunch Served Sweets & Coffee Available	<sup>22</sup> No Lunch Served Sweets & Coffee Available
<sup>25</sup> Brock House Closed <i>Merry Christmas!</i>	<sup>26</sup> Brock House Closed - Boxing Day	<sup>27</sup> No Lunch Served Sweets & Coffee Available	<sup>28</sup> No Lunch Served Sweets & Coffee Available	<sup>29</sup> No Lunch Served Sweets & Coffee Available

# LUNCH MENU

## Brock House Society

### JANUARY 2018

*Robbie Burns Celebration*  
 Friday, January 26  
 1:30 to 3:00 p.m.

*Course registration begins*  
 January 3 at 9:00

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
1 HAPPY NEW YEAR! Remember to renew your Brock House Society membership for 2018	2 Lemon Chicken Rice Soup Lamb Manicotti Green Beans Salad	3 Fish Chowder Seafood Crepes Potatoes Gratin Salad	4 Italian Bean Soup Spaghetti & Meatballs Rapini Salad	5 Boston Clam Chowder Fish & Chips
8 Cream of Chicken Soup Chicken Pie Greek Potatoes Salad	9 Won Ton Soup Pineapple Pork Vegetable Stir Fry Salad	10 Shrimp Chowder Salmon Pie Rice Pilaf Salad	11 Leek Soup Chicken Crepes Potatoes Gratin Salad	12 Carrot Ginger Soup Fish & Chips
15 Jamaican Squash Soup Chicken Thighs Red Bean Rice Salad	16 Cream of Spinach Soup Spinach Feta Quiche Greek Potatoes Salad	17 Vegetable Bean Soup Meat Lasagna Rapini & Leeks Salad	18 Green Pea Soup Baked Ham Mashed Yams Salad	19 Vegetable Soup Fish & Chips
22 Italian Bean Soup Beef Cannelloni Broccoli Salad	23 Shrimp Chowder Baked Salmon Rice Pilaf Salad	24 Zucchini Soup Eggplant Parmigiana Rapini Salad	25 Fish Chowder Seafood Lasagna Peas Salad	26 Robbie Burns Event Won Ton Soup Fish & Chips
29 Vegetable Bean Soup Spanish Chicken Thighs Tortilla Salad	30 Chicken Rice Soup Chicken Crepes Rice Pilaf Salad	31 Fassoulada Soup Moussaka Green Beans Salad		

THE CAFETERIA DOES NOT CARRY LARGE AMOUNTS OF CHANGE. PLEASE DO NOT PRESENT LARGE BILLS IN PAYMENT FOR YOUR MEAL.  
 Cafeteria is open from 9:00 a.m. to 3:30 p.m. – Lunches are served from 11:30 a.m. – 1:00 p.m.