



Being a member at Brock House Society provides a place to build lasting friendships.

WHERE SENIORS STAY *Young.*



2017 SUMMER PROGRAMS & EVENTS

Fitness

M^usic

Intellectual

Woodworking

Yoga

Social Events

Tours

**BROCK
HOUSE**
Society

We aim to encourage and

REGISTER ONLINE



Photo of the West Lawn Flower Bed

*Under the Distinguished Patronage
of Her Honour, The Honourable*

*Judith Guichon, OBC, Lieutenant
Governor of British Columbia*

Officers of the Society

BevAnn Lister-Dean, President
Peter Phillips, 1st Vice-President
Michael Le Bas,
2nd Vice-President
Keith Service, Treasurer
Stanley Hohnholz, Secretary

Directors

Glenys Acland, Programs
Patricia Brady, Socials
Brenda Clark, Performing Arts
Tom Henry, Planning &
Business Development
Michael Le Bas, Marketing
Peter Phillips, Members
Jo Pleshakov, Governance
Peter Scott, Volunteer Services
Laurie Wilmot,
Information Systems
John Coupar, Park Board
Commissioner

Administration

Sophie Djordjevic, Administrator

Thoughts from the President

Are you a member? Are you thinking about becoming a member?
Please read on.

Summer is always a special time around our House on the waterfront because Mother Nature is at her finest and, thanks to the Park Board, the gardens look spectacular. Inside, traditionally, it's been a quieter season but not this year. It's shaping up to be exciting with the many year-round activities, seasonal ones such as cycling and hiking, tours, and a sparkling line-up of programs and events.

We know that our members have a deep appreciation for the performing arts and Dr. Malcolm Page, SFU professor emeritus and co-founder of the Association for Canadian Theatre History, will share his depth of knowledge in the upcoming **"Canadian Theatre Now"** series. This is a unique opportunity to learn about Canadian theatre and playwrights across our (150-year-old) country.

The ever-popular Mr. Christopher Gaze, OBC, MSM, is back in the House! This time he's appearing as a guest speaker during the 2nd annual **"Brush up Your Shakespeare"** series. You already know him as an actor, a director, the founder of *Bard on the Beach*, host of the VSO's "Tea & Trumpets" series, public speaker, and recipient of many honours. Can you think of anyone better to help you refresh your knowledge about Shakespeare?

We'll also feature a series dedicated to the **Canadian Film Festival** and another to the **History of Opera**.

Brock House Society "en Blanc" is coming our way on **June 20**. The location isn't a secret and the celebrities will be you! Join us under the marquee, in your lovely whites, and enjoy a glass of wine, art, finger foods, and music.

Summer Fair! Summer Fair! July 8 is the day and for those of you who may be new to the Society, it's a big deal in our community. It's a fundraiser and it's a lot of fun! As is the annual **Dick & Joan Stace-Smith Pancake Breakfast on July 28**. It's also one of the yummiest days of our year.

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Look at some of the amazing programs that you've got
to look forward to this summer!

IS101 Canadian Theatre Now - *Thursdays, July 6th to 27th*

In the Halpern Room, 1:30-3:00

Cost: \$30.00

This 4 week series brings Brock House Society members a unique opportunity to learn from **Dr. Malcolm Page's** life experiences and his passion with the theatre. Dr. Page starts with the Vancouver scene, from Arts to the new and obscure, then sketches in the great growth of the last 50 years. George Ryga, John Gray, Michel Tremblay and more - from the West Coast to the East. We finish the series with a DVD presentation of **Morris Panych's** amazing creation of "*The Overcoat*", performed by the Vancouver Playhouse.

To register, please go to the calendar at www.brockhousesociety.com

Brush Up Your Shakespeare - *Thursdays, June 15th to 29th*

In the Halpern Room

Please join us for our second summer of presenting two Shakespeare films to entice you to see the staged versions at Bard on the Beach. This year, we are extremely pleased to host a talk from the very highly regarded Artistic Director of Bard on the Beach, **Christopher Gaze**.

June 15th – film - ***Much Ado About Nothing*** (with Branagh) 1:00-3:30 pm

June 22nd – film - ***Merchant of Venice*** (with Al Pacino) 1:00-3:30 pm

June 29th – Guest speaker **Christopher Gaze** will talk about "The Staging of *Much Ado About Nothing*" plus insights into the rest of Bard on the Beach's 2017 season.

Note: This session will begin at 1:30 pm

20 seats have been reserved for Brock House members at a reduced group rate for the July 19th, 7:30 performance of Much Ado About Nothing.

Ticket prices are as follows:

BEST TICKETS (Group A Seats): \$50 per person

SECOND BEST TICKETS (Group B Seats): \$40 per person

What's On:

Arts & Crafts Page 7

Brock House Society offers weekly drop-in sessions in painting and needlecrafts, and seasonal instructor-led courses.

Artists' Group

Porcelain Painters

Bridge Page 7

There are lots of opportunities to play bridge in the summer at Brock House. Duplicate on Thursdays, Social Bridge on Fridays and space to have a casual game with friends.

Duplicate Bridge

Social Bridge

Computers Page 8

Brock House has a computer lab with 9 Windows computers. There is a weekly drop-in session on Monday afternoons that carries on all summer.

Computer Drop-In

Fitness & Health Pages 8 - 10

There are two member-led walking groups and many fitness courses. In the summer most classes are held under the tent, so fresh air is one of many benefits.

Balance, Posture & Strength

Chair Yoga

Cycling Group

Functional Strength

Hikers

Pole Walkers

Stretch & Strengthen Body & Mind

Tai Chi

Whole Body Cardio & Functional Fitness

Yoga

Zumba

Fundraisers

The Summer Fair features products made and donated by members and others. Other fundraising efforts are held periodically through out the year.

Pancake BreakfastPage 15

Summer Fair.....Back Cover

Games Page 7

Billiards and Table Tennis tables are located in the basement. There are weekly drop-in sessions for other games including Chess, Mah Jong and Scrabble.

Billiards

Chess

Mah Jong

Scrabble

Table Tennis

Intellectual Pursuits Pages 3 & 11

Brock House Society prides itself on the quality of moderated discussions and lectures. There are several to choose from each week.

Brush Up Your Shakespeare

Canadian Theatre Now

Discussion Series

Great Courses Series

Jericho Beach Park-A Visual History

MoviesPage 12

Weekly movies are a staple. This summer the theme is Canadian films.

Special Events Pages 12 - 13

Once or twice per month there are special events for members and guests.

En Blanc Reception

Galiano Island Tour

Mount Baker Tour

Okanagan Wine Get-Away Tour

WorkshopPage 12

The woodwork shop is located on the east side of the grounds. Participating members are able to take advantage of tools and equipment to create items for themselves and for Brock House Society.

There are many groups that take a break over the summer. You'll find them again in the Fall Program.

How to Register

There are 3 easy ways to register:

- ♦ **Online:** Go to www.brockhousesociety.com and follow the instructions
- ♦ **In Person:** Visit the Society office and a volunteer will help you
- ♦ **By Phone:** Call the Society office at 604-228-1461

Brock House Society has a New Look & Feel

On December 13, 2016 the Brock House Society Board approved the purchase of a new member management platform, otherwise known as a website. The goal was to enhance our members' experience by providing online resources which would build on the Society's sense of community, simplify administrative procedures for the office staff and volunteers, and provide the tools for our many volunteer conveners to administer and communicate with their special interest groups.

This is a big step forward, a solid step into the future not only for the Society's members but also for our position in the community.

The launch of the new website was also viewed as an opportunity to tinker with the Society's "look & feel". You might ask "Why?" And, that's a very valid question. After all we all know who we are, right? Yes, we do but does anyone else?

Michael Le Bas' favorite definition of a brand was written by Seth Godin:

"A brand is the set of expectations, memories, stories and relationships that, taken together, account for a consumer's decision to choose one product or service over another. If the consumer (whether it's a business, a buyer, a voter or a donor) doesn't make a selection or spread the word, then no brand value exists for that consumer."

Our members tell us they recommend Brock House Society as a great organization to join. However, in an ever increasing electronic age where organizations, whether private, public or corporate, rely more and more on electronic media, how do you convey that Brock House Society offers some of the best intellectual, creative and social opportunities for those over the age of 55 to stay fully engaged in life? You ensure your "look & feel" reflects those opportunities, such as a group of people sitting in front of a laptop to check what's happening this week or two people sharing a joke. After all, **Brock House Society is 'Where Seniors Stay Young'!** The members all know that. And, we hope you do too.

The brand development team included the following members: Laurie Wilmot, Michelle Sharp, Barbara Holley, Deborah Bush, and Michael Le Bas. The Society's new visual brand identity was created by BigBoldBrand, a young team of Vancouver-based branding experts, very familiar with the requirements of the electronic age. Our own staff, Sophie Djordjevic and Vera Enshaw have enthusiastically embraced the new "look & feel". Our resident photographer and artist, David Grimbale, is excited at the prospect of using the new visual elements in his creative poster work.

If you have any comments or questions about the Society's new "look & feel", please contact Michael Le Bas by logging on the new website, using the Membership Directory to find his email address and sending him an email – all online. You can also use snail mail.

BROCK HOUSE CLOSURES

Brock House Society will be closed on the following days:

Monday, July 3; Monday, August 7 and Monday, September 4

The cafeteria will be closed from August 21 to September 1, re-opening September 5

Donate to Brock House Society

Brock House Society is funded by its members and by donors. Many members donate their time as volunteers, which allows us to deliver a wonderful variety of programs at very low cost. However, we still have many more programs that could be developed and delivered if we had more money.

We also inhabit an old house, and we always have infrastructure needs. One example is the elevator: we are trying to raise \$88,000 to bring the mechanical operation up to today's safety standards and another \$14,000 to update the interior.

If you'd like to donate to these infrastructure needs, please log on to our website: www.brockhousesociety.com. Click on the **Fundraising** menu tab and then on the **Donate** link. You will be guided through the rest of the steps.

Any donation to the Society, large or small, will help us to expand our programs to attract an increasing 55+ presence to our community. Your generosity helps to strengthen and ensure our future.

For any donation of \$15.00 or more you will receive a receipt for income tax purposes. Members who have donated a cumulative amount over \$1,000 become Life Members of the Society.

If you would like to donate in person, please visit the Office.

Thank you!

How to Register Online

The steps to register for a program or event online are:

Note: To register for our unique programs or social activities, you must join Brock House Society first

1. Log on to www.brockhousesociety.com
2. Click on *What's On When*
3. Click on *View Schedule/Register*
4. Choose the program or social you wish to register for by using the month, week or day schedule option
5. Click on the event
6. Click in the View button and then follow the instruction.

Note: if in doubt, click the  on the floating widget.

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REGISTRATION INFORMATION & POLICIES

PLEASE NOTE the CANCELLATION POLICY:

How to Register

There are 3 easy ways to register:

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- ♦ In Person: Visit the Society office and a volunteer will help you
- ♦ By Phone: Call the Society office at: 604-228-1461

You may register for one other member only.

WHEN TO REGISTER

Registration will begin at 9:00 a.m. on the following days:

Monday, June 12: Chair Yoga; Tai Chi; Yoga; Zumba

Tuesday, June 13: All other classes & programs
Fees for classes and events include GST.

We understand that sometimes it is necessary to withdraw from a course or activity. Please read the cancellation policy carefully prior to registering for classes or activities.

CANCELLATION POLICY

A **\$10.00 processing fee** will be charged when you withdraw from any course or activity.

There will be **no refunds** for cancellations made three business days prior to the beginning of a course or activity or as otherwise noted. There will be **no refunds** for cancellations made five business days prior to the date of any tours, unless otherwise noted.

REFUNDS FOR CANCELLATION OF CLASSES

or ACTIVITIES

Classes which do not meet the minimum enrolment requirement by the designated deadline will be cancelled and the fee will be refunded. Cancellation fees do not apply in this case.

DROP-IN POLICY

ARTS & CRAFTS

ARTISTS' GROUP

Fridays, 9:00-12:30

Convenor: Gillian Olson

Art Room

All welcome to visit and participate in any medium. No teacher, but advice, encouragement and friendship for beginners and the experienced.

PORCELAIN PAINTING

Wednesdays, 10:00-Noon

Convenor: Merva Cottle

Art Room

Learn to apply your painting skills to white china or refine your technique with the Brock House Porcelain Painters. We use powdered mineral colours which are ground into an oil base and then applied to china which is fired in the Brock House kiln. Our painters produce quality pieces for their own pleasure and for sale at Society fundraisers. Supplies are available to get you started and we can recommend sources for your specific needs. We take pleasure in helping each other and guiding beginners. When possible, we schedule a visit from a professional artist/instructor. Come and enjoy a lovely art form with experienced peers!

BRIDGE

DUPLICATE

Thursdays, 12:15-3:30

Convenors:

Begg, Art & Games Rooms

Margaretta Shirkoff, Sue Girling

1/Session

Sign-up available from 10:45. No seating after 12:00. Maximum number of tables will be seventeen (17).

It is necessary to come with a partner. On-going unless otherwise advised.

SOCIAL

Fridays, 12:30-3:30

Convenor: Mary Bliss

Begg Room

"Unserious bridge" - singles welcome. **On-going unless otherwise advised.**

The mezzanine on the stairwell between the 1st and 2nd floors is a popular place to play a quick game of cards with friends.

COMPUTERS

COMPUTER DROP-IN Mondays, 1:00-3:00
Convenors: Computer Room
 John Dent, David Harding, Brian Luchak

These sessions are available for any member who wants assistance in using computers or needs help with certain programs. You must know how to use computers. Members can use the computers on their own or with help when needed. Volunteers will discuss problems and offer advice on computer topics as required. The lab has laptop computers with Windows 10 operating system and high speed Internet access. We can also help you with your tablets.

Did you know that Brock House Society has WIFI for members' use? The password is available on the bulletin board in the foyer, at Computer Drop-in on Mondays or from the office.

FITNESS & HEALTH

BALANCE, POSTURE & STRENGTH
FE101 Wed., June 28-Aug. 16
Tent \$80/8 weeks
 8:30-9:30

Instructors provided by Love Your Age Fitness Inc.
 This mindful and engaging class will focus on exercises to improve balance, strength, posture, and body alignment. Class activities will emphasize coordinated movement and engagement of the correct muscles used in walking and balancing the body.

CHAIR YOGA Tues., June 27-Aug. 22
FE102 \$90/9 weeks
Begg Room/Tent 11:15-12:15
Instructor: Annette Wertman

Yoga with a chair is for students of all ages and abilities who find traditional yoga uncomfortable for various reasons. The chair sometimes replaces the mat and sometimes is used as a prop. This allows for greater accessibility and stability. Yoga with a chair increases your strength, balance, concentration and flexibility; encompasses all aspects of an individual: physical, emotional, mental and spiritual. Come and explore the benefits

CYCLING GROUP

Out of House

Convenor: Frank Jameson Tues. or Wed.

One morning each week a few Brock House Society members go for a leisurely bike ride. The ride is typically 25K with 100 metres elevation. The rides are timed to arrive at a lunch spot. Starting point at Brock House, sometimes elsewhere nearby. We also put our bikes on the racks and head further afield. A favorite is the Richmond dyke from the Olympic Oval to Steveston. Primary communication is by e-mail each week from the Convener, FrankJ21@hotmail.com. For a shorter ride, consider the "Shoreliners". Start at Brock House, ride the shoreline then lunch at Brock House or somewhere nearby. To be on the e-mail list simply e-mail the Convener. Please specify **25K** or **Shoreliners**.

FUNCTIONAL STRENGTH Mon., June 26-Aug. 14
FE103 \$75/6 weeks
Tent 9:35-10:50

Instructors provided by Love Your Age Fitness Inc.
 Always fun and never boring, this high level strength class focuses on exercises that train your muscles to work together while emphasizing core stability. Using a variety of exercise tools such as fitness balls, tubing and weights, exercises will involve multiple joints and muscles simultaneously in order to improve daily activity, reduce injury risk, and improve quality of life.

HIKERS Saturdays, Out of House
Convenors: Margit Arthur, 604-224-6627
Jane McDonald, 604-264-1250

Any member of Brock House Society who is used to hiking is welcome to join our group. Please phone the coordinators or the hike leader prior to your first hike. Have appropriate footwear and bring your lunch including sufficient fluids. Hikers participate at their own risk and will be asked to sign a waiver. Dogs are not permitted on hikes. Hikes may be changed according to the weather or trail conditions.

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- July 15 Evans Lake, *Charles*, 224-6627
 July 15 Elk Mountain, *Tomina*, 736-1874 *
Leave at 7:30 am
 July 22 Hollyburn Mountain, *Chon*, 263-2316
 July 29 Cheakamus Lake, *Renate*, 739-7680
Leave at 7:30 am
 July 29 Garibaldi Lake, *Mike*, 790-6853 *
Leave at 7:30 am
 Aug 5 Fisherman's Trail to Mid-Valley Viewpoint,
Jane, 264-1250
 Aug 12 Elfin Lakes, *John H.*, 421-4046
Leave at 7:30 am
 Aug 19 Giant Fir on Hollyburn, *Jane*, 264-1250
 Aug 19 Black Mountain from Cypress Bowl,
Alida, 676-0077 *
 Aug 26 Saw Blade Falls, *Margit*, 224-6627
 Aug 26 Diez Vistas, *Mike*, 790-6853 *
Leave at 8:00 am

POLE WALKERS Wednesdays, Out of House Convenor: Mona Kriss

The group meets outside the front entrance of Brock House to walk for an hour. The walk begins at 10:00, and you should be back at Brock House by 11:00. For more information you may contact the convenor at mjkriss78@gmail.com.

STRETCH & STRENGTHEN BODY & MIND

FE106 Wed., June 28-Aug. 16
 Tent \$100/8 weeks
 9:35-10:50

Instructors provided by *Love Your Age Fitness Inc.*

This fun and innovative mid-level class will focus on mobility, stability, and strength. Functional strength exercises will train your muscles to work together while emphasizing core stability. Balance exercises will incorporate "Brain Muves" for both cognitive and sensory aspects of balance. The last part of the class focuses on postural alignment exercises, active range of motion, stretching, imagery/visualization, and deep relaxation.

TAI CHI All classes 8:45-9:45
 Instructor: Kelly Maclean Conservatory
 FE107 Beginning 24 Form \$90/9 weeks

Tues., June 27-Aug. 22

Tai Chi is a gentle form of exercise, a martial art,

Qi flow through the body, and sustained concentration makes it an excellent exercise for the mind as well! New beginners are welcome to join this class - you will be able catch up to the group easily.

FE108 24 Form Review \$90/9 weeks
 Wed., June 28-Aug. 23

This course is for those who have studied the first half of the 24 Form. Even if you think you have forgotten most of it, you don't have to start all over again. We will spend some time reviewing the first half and picking up the pieces before we get into any new movements.

FE109 24 Form Review & 48 Form Part 2
 Mon., June 26-Aug. 21 \$70/7 weeks

(no class July 3 or Aug. 7)
 This course is for those who already know the 24 Form and would like to go deeper. We will continue to work on the mirror image of the form, and perhaps take a peek into the 48 Form as well.

FE110 48 Form Review \$90/9 weeks
 Thurs., June 29-Aug. 24

In this class, we will continue to work on the last portion of the 48 Form. We will probably finish mapping out the choreography of the last section! 24 Form is still included as part of our warm-up. This course is not suitable for newcomers, unless they have prior experience with the 48 Form.

WHOLE BODY CARDIO & FUNCTIONAL FITNESS

FE111 Mon., June 26-Aug. 14
 Tent \$60/6 weeks
 8:30-9:30

Instructors provided by *Love Your Age Fitness Inc.*

This fun and innovative mid-level class will focus on mobility, stability, and strength. Functional strength exercises will train your muscles to work together while emphasizing core stability. Balance exercises will incorporate "Brain Muves" for both cognitive

Brock House History Tidbit

In 1928, Mildred Brock created an authentic Japanese garden in the northeast corner of the property. It featured a beautiful tea house, a gift from the Japan Society of Vancouver in recognition of Dr. Brock's contribution to Japanese-Canadian relations.

INDOOR GAMES

YOGA

Begg Room

This seniors' yoga program includes full modifications for almost any pose; gentle, basic-level instruction tailored to meet each person's needs. Props are used when necessary: chairs, wall, yoga straps, blocks, etc. The instructor does not provide any equipment – please bring your own yoga mat to participate in this program.

Tues., June 27-Aug. 22 Instructor: Jasper Sircus
FE112 - \$135/9 weeks 8:30-10:00
FE113 - \$90/9 weeks 10:15-11:15
Thurs., June 29-Aug. 24 Instructor: Mahan Khalsa
FE114 - \$90/9 weeks 8:45-9:45
FE115 - \$90/9 weeks 10:00-11:00
Fri., June 30-Aug. 25 Instructor: Jasper Sircus
FE116 - \$90/9 weeks 9:00-10:00
FE117 - \$90/9 weeks 10:15-11:15

ZUMBA for SENIORS

Tent

Instructor: Shadia Serrano

Zumba Gold© is perfect for active older adults who are looking for a lower-intensity work-out. The design of the class introduces easy-to-follow choreography that focuses on balance, range of motion and coordination. Come ready to sweat and prepare to leave empowered and feeling strong. The class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility and balance.

Tues., June 27-Aug. 22
FE118 - \$90/9 weeks 9:15-10:15
Fri., June 30-Aug. 25 (no class July 28)

BILLIARDS

Key in office.

Monday-Friday, 10:00-3:30

Billiards Room

CHESS

Tuesdays & Thursdays, 1:00-3:00

Convenors:

Meyer Room

A. Ramirez, R. Wooldridge

All levels of play including beginners. We have some chess sets, but if you want you can bring one along. Come in and join us. Brock House ladies welcome.

MAH JONG

Wednesdays, 12:15-3:30

Convenor: Maribeth Ruckman

Games Room

\$1/Session

Enjoy an afternoon playing Mah Jong Hong Kong style. Play and learn at the same time. Instruction given.

SCRABBLE

Thursdays, 1:00-3:00

Drop In

Conservatory

Scrabble is a lot of fun and members who love to play have organized this weekly gathering. Feel free to join them, and receive some of the many mental benefits that Scrabble players enjoy. There is a sign-up list in the office so that you can arrange a play date. There are several Scrabble sets in the office games cupboard - even one in French.

TABLE TENNIS

Monday, Tuesday & Friday

Convenors:

12:30-3:30

Doug Smith, Keith Bramwell

Activity Room

Come and join other members for a fun game of table tennis! Although it is generally thought of as a leisure activity, table tennis actually has many

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5. Click on the event
6. Click in the View button and then follow the instruction.

Note: if in doubt, click the  on the floating widget.

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INTELLECTUAL STUDIES

DISCUSSION SERIES **Wednesdays, 10:00-11:30**

Convenor: Ingrid Hanslo **Meyer Room**

Come and join the Brock House Discussion Group. New members are welcome. Members suggest topics that are often first introduced by a presenter and then opened to all for discussion. The discussions are thought-provoking, stimulating, educational, challenging and fun! *No charge*

- June 28 How has our understanding of animal intelligence changed in recent years?
- July 5 How can we make the laws governing warfare more effective?
- July 12 Can we distinguish fact from falsehood in a world of "post-truth" and "fake news"?
- July 19 HOT TOPIC
- July 26 What advice would you give to the Trudeau government?
- Aug. 2 Should researchers need approval before creating a dangerous micro-organism?
- Aug. 9 Are good and evil of importance to the Universe or only to mankind?
- Aug. 16 What are the ultimate dangers for our planet?
- Aug. 23 HOT TOPIC
- Aug. 30 Why does medical advice seem to change so often?
- Sept. 6 How can we protect people trapped in war zones?

GREAT COURSES SERIES **Tuesdays, 10:30-11:30**

Convenor: Gary Smook **Halpern Room**

How to Listen to and Understand Opera

To help fill the gap caused by the summer hiatus of both the Travel Series and the Lecture Series, we are again offering a series of 'Great Courses' DVD lectures on Tuesday mornings at 10:30. Each session will include two 30-minute DVD lectures. The lecturer is Professor Robert Greenberg, an internationally recognized authority, and a superb presenter. During the course, the history and development of opera will be covered. *No charge*

- June 20 Introduction; words and music, Parts 1 and 2
- June 27 A brief history of vocal expression in music, Parts 1 and 2
- July 4 Invention of Opera and Monteverdi's 'Orfeo', Parts 1 and 2

- July 18 Growth of Opera; Development of Italian Opera Seria; and Mozart's 'Idomeneo', Parts 1 and 2
- July 25 Growth of Opera; Development of Italian Opera Seria; and Mozart's 'Idomeneo', Parts 3 and 4
- Aug. 1 The rise of opera buffa; Mozart's 'The Marriage of Figaro', Parts 1 and 2
- Aug. 8 The rise of opera buffa: Mozart's 'The Marriage of Figaro', Parts 3 and 4
- Aug. 15 The Bel Canto style; Rossini's 'The Barber of Seville', Parts 1 and 2
- Aug. 22 Verdi and 'Otello', Parts 1 and 2
- Aug. 29 Verdi and 'Otello', Parts 3 and 4

Jericho Beach Park – A Visual History

Presenter: Jo Pleshakov

Halpern Room

Friday, July 28, 10:30 am.

Today's Jericho Beach Park hides a multi-layered history. No trace remains of its earliest inhabitants, the Musqueam who used the area as a summer fishing camp until the site was set aside in 1860 as a British military reserve but never used for that purpose. Not long afterwards, Jerry Rogers ran a large logging operation on the site until the late 1880s. In the early 1890s, the first golf course in Vancouver was laid out, only to be destroyed by storm tides later in the decade. The land then passed into the hands of Jericho Country Club in 1905, also long gone. Part of the site was used as an RCAF air strip serving coastal operations during the 1920s and 1930s and then completely dedicated to wartime operations in the Second World War. The site remained closed to the public for many years after the war and it was not until 1975 that the City of Vancouver purchased the land from the federal government in 1975 and Jericho Beach Park was born. *No charge program*

Two guided walks of Jericho Beach Park are in the plan-

WORKSHOP

WORKSHOP

Convenor: Bill Ramey

All participants must sign a 'Participation Release' form and read and observe the Workshop Rules. If you wish to use the Workshop, please contact the convenor for a safety and operational briefing on shop and equipment procedures.

WOODWORKERS

Mondays & Thursdays

9:00-Noon

During these time periods, volunteer woodworkers produce items for sale at our fundraisers and fill orders between fairs. If you have woodworking experience and would like to contribute, please consider joining us.

Tuesdays, Wednesdays & Fridays

9:00-3:45

Monday & Thursday

Noon-3:45

SUMMER MOVIES

Canadian Film Festival

Fridays - 1:00 – 3:00 pm

This is your chance to experience some of the best in Canadian Films.

Cost: one toonie (\$2:00) – correct change please

Convenors: Gerri Patriquin-McKee, Glenys Acland

July 7 *Margaret's Museum* – Margaret MacNiel, a girl living in a Cape Breton coal mining town, finds her life changing when she meets Neil Currie, a cheerful bagpipe-playing dishwasher. Unfortunately, neither of them are able to escape the industry around them. Starring Helena Bonham Carter.

July 14 *Eve and the Fire Horse* – Drama set in Vancouver about a Chinese family. Jury Prize winner at the Sundance Festival.

July 21 *The Barbarian Invasions* – Oscar nominated drama set in Quebec, directed by Denys Arcand - Eng. Subtitles.

July 28 *The Saddest Music in the World* – comedy, set in 1930's Winnipeg. Directed by Guy Maddin, starring Isabella Rossellini.

Aug 4 *The Sweet Hereafter* – Drama, set in British Columbia and directed by Atom Egoyan.

Aug 11 *First half of The Fast Runner* – An epic 5 star film made by and about Inuit people.

Aug 18 *Second half of The Fast Runner* - This film has received the highest ratings from critics.

These films are a Brock House Fundraiser, and are

SOCIALS & EVENTS

En Blanc Cocktail Reception

June 20th, 5-7 pm in the Marquee

Join us for a unique summer evening in our most beautiful location. Enjoy tasty hors d'oeuvres while sipping a cocktail! Mix, mingle and view a selection of paintings by Brock House Society talented artists. Listen to delightful background music as cruise ships sail out of the Bay. This is an elegant event you will not want to miss. Ticket price includes hors d'oeuvres and beverage on arrival.

Dress Code: White

Ticket price: \$40.00 per person. No ticket sales on site. Don't be disappointed - purchase your tickets early.

Callie Wong has organized three out-of-house social events for Society members. **You may register for these events at www.brockhousesociety.com**

DIM SUM BRUNCH

July 13, 2017

10:00 AM - 11:30 AM

Back by popular demand: join the group at Dynasty Restaurant (777 West Broadway/Willow) for a delicious Chinese brunch. Cost is \$25-\$30 per person (to be paid at the restaurant), actual cost will depend on what we order. Free underground parking - please let restaurant staff know your parking stall number. Register by Thursday, July 6th.

SATURDAY NIGHT LIVE OPERA BUFFET

August 26, 2017

6:00 PM - 9:30 PM

Enjoy live opera while you indulge in a delicious Italian buffet, from succulent seafood to hearty pastas, at the Pan Pacific Hotel Ocean 999 Restaurant. Cost, to be paid individually at the restaurant, is \$53 (senior rate) + tax & gratuity. Dress code: Smart casual. This event is limited to 7 people. Register by Thursday, August 17, 2017

VANDUSEN GARDEN WALKING TOUR

Where Seniors Stay *Young*

**BROCK
HOUSE**
Society

yucca and lilies (mid-season), and more. The tour will last about 45 to 90 minutes. Adult admission price to the garden is: \$11.00, seniors (65+) \$8.25. For those who want to meet for lunch prior to the tour, we can meet at Truffles Cafe in VanDusen Garden at 12:30 PM. Register by Friday, July 14. Please note whether you are joining the tour only or lunch and tour. Price of lunch will depend on what you order.

TOURS

Enjoy Tour and Travel serves local tourists looking to explore their own backyard. Enjoy the journey and the destination with exciting tours focused on bucket list adventures and unique experiences. Established in 2007 by owner/operator Troy Oppen, Enjoy Tour and Travel operates two 24-passenger buses running 20 day tours and one getaway per month to destinations throughout the Pacific Northwest.

ALL TOURS may be purchased online or through the BH office

GALIANO ISLAND **\$149**
Monday, July 17 **8:15am - 6:30pm**

Experience the magic of BC's Wild West Coast on the Gulf Island closest to Vancouver. Beautiful white shelled beaches, stunning views, marine park trails and local artisans await you on Galiano Island. Montague Harbour Provincial Marine Park, with its sheltered waters, towering forests and craggy headlands is rich in natural and cultural history. Take an escorted ocean-side walk on Gray Peninsula featuring tidal lagoons and a spectacular rock ledge that was carved into rippling patterns by the movement of glaciers thousands of years ago. Enjoy a two course lunch at the Hummingbird Inn, meet local artisans Marcia Devicque at her Glassworks Studio, Sandra Dolph at Cedar Grove Pottery and finish the day with afternoon dessert at a local favorite cafe. Please Note: Additional \$20 ferry fee applies to those under the age of 65 and to non BC residents.

Activity Level: Moderate (short incline, Gray

MOUNT BAKER **\$119**

Tuesday, August 22 **8:00am - 7:30pm**

Mount Baker has amazing views in summer, especially from Artist's Point. At more than 5,000 feet above sea level, this area is typically buried under snow and closed mid-October through June. On clear days, visitors are treated to 360-degree views of Mount Shuksan and Mount Baker and stunning views of mountain lakes and glaciers. Take an escorted 1/2 mile walk at Picture Lake displaying Mount Shuksan's spectacular reflection and an escorted 2-mile loop walk around the Bagley Lakes. This gorgeous loop walk has it all: big views of Mount Baker, alpine lakes and well-maintained trail winding through meadows and heather with blueberry bushes for trail-side snacking in late summer. This tour includes lunch at Milano's Restaurant on the scenic Mount Baker Highway, bottled water and trail snack bar. Valid passport or Nexus pass or enhanced drivers license or enhanced BCID required.

Activity Level: Easy

PACKAGE INCLUDES: Lunch at Milano's Restaurant, escorted walks, relief driver, all fees and taxes

OKANAGAN WINE ESCAPE **September 19-21**
\$699 - Double, \$899 - Single

Brock House Society has 6 seats on this tour!

Experience the definitive Okanagan Wine Escape in Penticton, Oliver, and West Kelowna for the best wine tours, tastings and vineyard dining. Sightsee the natural desert environment of this premier wine growing region of Canada, including South Okanagan jewels Skaha Lake and the Munson Mountain panoramic gazebo viewpoint. Six hand-picked award-winning wineries await you: Burrowing Owl Estate Winery, Tinhorn Creek Vineyards, Mission Hill Winery, Hillside Estate Winery, Red Rooster Winery and Road 13 Vineyards. This fully escorted tour includes two nights at the Penticton Lakeside Resort, the exclusive underground Barrel Cellar tour at Mission Hill Winery, free time in Osoyoos and dining at Hillside Winery and Tinhorn Creek overlooking the vineyard.

Package includes: 2 nights accommodation at the

Visit Our New Website

Visit Brock House Society's new website at www.brockhousesociety.com.

On May 15, 2017 Brock House Society launched a new website. This website is a big step forward for the general public and **especially for our members** with:

- Easier to use do-it-yourself options such as:
 - *membership renewal
 - *event registration
- Members-only features including a Membership Directory
- Other features, which will be rolled out over the remainder of the year that will build on the Society's sense of community.

If you have an email address on file with the Society, you will have received an email at the time the website was launched (unless you elected to not receive emails from the Society).

Your Online Friend – Like it, Use it, Thank it

Floating on the right side of the website is the **Page Tools Widget**.

This widget appears on every page and may have between four and six icons. The dotted section at the top can be used to click and drag the widget to a different position on each page.

The first icon ("question mark") displays the context-sensitive help system, providing instructions for the current page or module.

The second icon ("printer") provides a "Print this page" function.

The third icon ("AA") expands text on the current page to make it easier to read for members with reduced eyesight.

The fourth icon ("up arrow") jumps to the top of the screen.

Selected pages may also display a "magnifying glass" icon, providing Search tools specific to that page. Over time, we will enable this icon in additional places.

The **Page Tools Widget** will retain its position for up to 7 days if you drag it off to the side of the browser



How to Register Online

The steps to register for a program or event online are:

Note: To register for our unique programs or social activities, you must join Brock House Society first

1. Log on to www.brockhousesociety.com
2. Click on *What's On When*
3. Click on *View Schedule/Register*
4. Choose the program or social you wish to register for by using the month, week or day schedule option
5. Click on the event
6. Click in the View button and then follow the instruction.

Note: if in doubt, click the  on the floating widget.

Where Seniors Stay *Young*

**BROCK
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Life Members

Donations are always greatly appreciated because they enable Brock House Society to be self-sustaining. To recognize you for your support, we award life membership to individuals who accrue \$1,000 in donations.

BROCK HOUSE SOCIETY HISTORICAL TIDBIT

The first full program of events and activities for the members of Brock House Society was offered in January, 1978 - just five years after George Halpern recognized the potential of the derelict old house as a seniors' activity centre. In June of that year membership totalled 1,300, attracted by the programs offered in intellectual studies, fitness activities, the arts and, of course, bridge. Brock House Society's first executive coordinator, Irene Ovenden, continued to create interesting programmes for members for eleven years. Then, as now, volunteers were the mainstay of the Society.



PANCAKE BREAKFAST FUNDRAISER

FRIDAY, JULY 28 8:30 - 10:30 a.m.

Every summer Brock House Society hosts the Pancake Breakfast, a fundraiser that is open to members and to the general public. The savory smells of frying sausages and pancakes waft through the neighbourhood, drawing folks for the tastiest breakfast treat ever! Fresh fruit, special home-made jams and fruit sauces - all accompanied by hot coffee, tea or juice.

Tickets may be purchased in advance - \$10 per person, with children under 12 paying half price. (Grandchildren are often in evidence!) Available on-line through the Brock House Society website:

www.brockhousesociety.com, by phone through the Brock House Society office 604-228-1461 or in person. All ticket sales are final--NO refunds.

Peter Scott, Convenor

BROCK HOUSE SOCIETY SUMMER FAIR



Photo collage courtesy of Stan Hohnholz

Saturday, July 8th
10 am – 3 pm
Free Admission

Jewellery • Plants • Books • Silent Auction & Treasures • Baked Goods
Raffle • 50/50 Draws • Art • Gifts & Games • Crafts
Woodworking • White Elephant
Kids' Zone • Music • Morris Dancers
Beer & Wine Garden • Food & Refreshments

Ample local parking, paid parking in the Jericho Park lot
Shuttle Bus from 4th & Alma courtesy of **ENJOY TOUR & TRAVEL**

3875 Point Grey Road ~ 604-228-1461 ~ www.brockhousesociety.com