

# BROCK HOUSE *Society*

*Celebrating 40 years of success*

**February 2018**  
**25 cents**

## The Gallimaufry

A Brock House Society Publication



### **Pub Night at the Billy Bishop Legion** **Tuesday, February 13, 6:00 - 8:00 p.m.**

#### **Men! Nay Lads!**

at last a chance to go off site /out of sight ...  
...of the Wife or Missus, for a couple of hours.

How about joining us at:

**The Billy Bishop Legion/Pub**  
**1407 Laburnum St /Cornwall**  
**at Kits Point**



#### **Best deal in town!**

**Full pint of beer and slice of pizza for**  
**\$10.00**



**Advance registration with the**  
**Society office is required.**  
**Pay in advance or at the door.**

*Peter Phillips*  
*Universal Innkeeper*

**BROCK  
HOUSE  
*Society***

Pacific Opera Victoria

### ***La Bohème***



**Sunday, February 25**  
**9:10 a.m. to 9:45 p.m.**

**Cost: \$120.00, members & guests**

#### **Includes**

- \* Bus transportation from Brock House to and from Tsawwassen ferry terminal,
- \* Bus transportation to and from Swartz Bay ferry terminal to the Royal Theatre
- \* Ticket to *La Bohème*
- \* All Ferry fares

**One of the most loved operas of all time,** Puccini's *La Bohème* is a gorgeous, nostalgic slice of life about a group of young friends hanging out together, experiencing Paris and love, and loss. Puccini's music sparkles with humour, pours out lush, sumptuous melodies, and is always completely irresistible.

**Purchase tickets online or through the Office**

### **I Divi**

**Tuesday, February 6**  
**1:45 - 3:15**

**Paulina Harskamp, Eileen Deros and Tony Roper will offer solos and duets from opera, operatta and Broadway**

**Members \$8.00 / Guests \$10.00.**

Purchase tickets online or through the Society Office  
Sponsored by the George Halpern Trust Fund



**Paulina Harskamp**



**Eileen Deros and Tony Roper**



**Where Seniors Stay *Young***



Brock House Society - 3875 Point Grey Rd, Vancouver BC V6R 1B3 - BrockHouseSociety.com



## **From the President's Pen**

This month I'll quickly highlight a couple of items in this issue:

Thank you to the Events Committee, Kaz and our staff for a wonderful Robbie Burns afternoon (p.11). Everything was perfectly planned, even the break in the weather. Blue sky and sunshine. I asked Karen Thomson how they managed that and she wouldn't say. Events Committee secret, apparently. So that started me thinking. The expression is "the luck of the Irish" but is it possible that the lovely weather was due to a Scottish equivalent? Wasn't St. Patrick born in Scotland? Now I really don't want to cause any trouble but it'll be interesting to see what the weather will be like outside the Conservatory on March 15. Please join us.

If you're interested in the way things work in the Society, then turn to p.4 and Jo Pleshakov's article. Your Governance Committee and Board of Directors are working hard to lay a foundation for the future of Brock House Society. Please come out to support them during the information session and/or the AGM.

And what more can one say about Ms. Wade (below). After receiving the note from Christine, I thought long and hard about how one can really congratulate someone who has accomplished as much as Jennifer has. I decided that it's with a huge thank-you. Thank you for everything you've done to make our world a better one, Jennifer. She didn't want us to post her long list of good deeds so I need to be a bit sneaky. Please don't tell her.

<https://orderofbc.gov.bc.ca/2017-recipient-jennifer-wade-vancouver/>

Remember, the Society is "celebrating 40 years of success" (p.5).

See you around the House!

*-BevAnn Lister Dean, President*

It's  
time to  
renew  
your  
membership



### **Membership Fee Discount**

If you know someone who receives the Guaranteed Income Supplement and would like to become a member or renew, please tell them that they may be eligible for a 50% reduction of our membership fee. See our Administrator, Sophie, for details.

The difference is funded by the George Halpern Trust Fund as stipulated in Dr. Halpern's will. Dr. Halpern was the founding President of the Society.



### **Congratulations**

Jennifer Wade, was appointed to the Order of British Columbia in December 2017. On February 2, she will receive a Doctor of Laws degree from the University of Vancouver Island.

Jennifer is a long-time member of Brock House Society and is active on the Tuesday Lecture Series and the Esther Birney Series.

*-Christine Samson*



## Brock House/Kerrisdale Choir *presents*



**Saturday February 3 at 3pm**

Marpole United Church

1296 – 67<sup>th</sup> Ave at Hudson St. Vancouver

Tickets \$10 – Children under 12 Free



## Brock House/Kerrisdale Choir

Brock House Choir is back at it again after the Christmas season. We are working extra hard because our concert is **February 3 at 3:00 p.m.** As always, we hope to see you there

A smaller group of Brock House choir went to extra practices and sang at two care homes. We also sang the Christmas songs at Kerrisdale Seniors Center to entertain those having lunch in the cafeteria. These Christmas concerts always involve a sing along and other choir members came to listen and join the sing-along. Many of our members joined together to have delicious turkey lunch at Brock House in December. We stayed after the lunch to sing carols. We at Brock House Choir hope you are all well, had an excellent holiday and have avoided the flu.

*-Judy Ashton*

## Why Men Wear Earrings...

Did you ever wonder why earrings became so popular with men?

A man is at work one day when he notices that his co-worker is wearing an earring.

The man knows his co-worker to be a normally conservative fellow, and is curious about his sudden change in "fashion sense", so he walks up to him and says, "I didn't know you were into earrings".

"Don't make such a big deal, it's only an earring," the man replies sheepishly.

His friend falls silent for a few minutes, but then his curiosity prods him to ask,

"So, how long have you been wearing one?"

"Ever since my wife found it in my truck."

(I always wondered how this trend got started.)

*-Thanks to Annegret Meyer*



## Brock House Jazz Band



The Brock House Jazz Band started the New Year off in fine style with a dance at Kerrisdale Seniors Centre. This crowd does love to dance. And we love to play for a dance floor full of seniors having fun.

Two members of the Band will be away on a Jazz Cruise in February, so we have not booked any dates for this month, but later on we will be playing for residents at some care homes here in Vancouver. And you can always listen-in to our Thursday afternoon rehearsals in the House.

*-Canby Martin*

## **Brock House Society to vote on revised Constitution and new Bylaws**

The new Societies Act for B.C. which came into effect in November 2016 requires all registered societies to transition by November 2018 to a constitution and by-laws compliant with the new legislation.

The Governance Committee reviewed the Society's current Constitution and Bylaws against the requirements of the new legislation and found that, because of their age, they do not accommodate several issues raised by the new Act or, since Brock House is a registered charity for income tax purposes, some of the policies and procedures required by the Act relating to 'public funded' societies. Adjustments were also required to accommodate changes made in the Society's current strategic plan.

The Board therefore authorized the Governance Committee to revise the Constitution and prepare new Bylaws based on "Model Bylaws" made available for transitioning societies as a guide. A Draft Revised Constitution and New Bylaws for Brock House Society were completed last November and were subsequently reviewed by a lawyer to ensure full compliance with the Act.

The next step is for members to approve the Society's new Constitution and Bylaws by special resolution at this year's **Annual General Meeting, Wednesday, March 21**. In preparation for this vote, the Board and the Governance Committee invites members to attend an information session

### **Member Information Meeting Wednesday, February 7, 10:30 a.m. Halpern Room.**

We look forward to explaining the new documents and answering your questions.

Copies of the proposed new Constitution and Bylaws, together with the current Constitution and Bylaws (1996), are available on the website, in the Library, and on request from the Office. **To read these documents online, please login to the website ([BrockHouseSociety.com](http://BrockHouseSociety.com)) and navigate to: Members/Documents/Governance/Constitution and Bylaws.**

*-Jo Pleshakov, Chair,  
Governance Committee*

## **Brain Teasers!**

- 1) An old man wanted to leave all of his money to one of his three sons, but he didn't know which one he should give it to. He gave each of them a few coins and told them to buy something that would be able to fill their living room. The first man bought straw, but there was not enough to fill the room. The second bought some sticks, but they still did not fill the room. The third man bought two things that filled the room, so he obtained his father's fortune. What were the two things that the man bought and what was able to fill the room?
- 2) This is an unusual paragraph. I'm curious how quickly you can find out what is so unusual about it. It looks so plain you would think nothing was wrong with it. In fact, nothing is wrong with it! It is unusual though. Study it, and think about it, but you still may not find anything odd. But if you work at it a bit, you might find out.

### **The answers to last month's teasers are:**

- 1) 8
- 2) He wrote "your exact weight" on the slip of paper.



## Events at a glance

Tuesday, February 6	Halpern Performing Arts: I Divi
Wednesday, February 7	NW Flower & Garden Festival Tour
Friday, February 9	Chinese New Year Celebration
Sunday, February 25	Pacific Opera, Victoria: La Bohème
Thursday, March 15	St. Patrick's Day Social Event
Wednesday, March 28	Audain Museum Tour

### **Brock House Society** **Milestones**

Our condolences to the family and friends of:

Gloria Sparks, January 8, 1939 - October 4, 2017 and  
Cornelius Lighthall, August 26, 1931 - January 23, 2018

Please submit "Milestones" notices or memories to  
the "Sunshine Book" in the office or to:

**BrockHouseGallimaufry@gmail.com**  
-Editor

### *Northwest Flower & Garden Festival*

*Wednesday, February 7*

**8:00 a.m. - 9:00 p.m.**

**\$129.00 members & guests**

**includes admission to the show  
and dinner at the  
Outback Steakhouse**



*Celebrating 40 years of success*

**Save the date**

**Wednesday, June 6**

**4:00 - 8:00 p.m.**

**Please join us for a very special event.  
Watch *The Gallimaufry*  
and notice boards for further details.**



The Washington State Convention Center in Seattle hosts the Festival. Take four hours of free time to explore six acres of flowers, plants, exhibits, seminars, etc.

Valid passport or enhanced drivers license or Nexus pass or enhanced BCID required to cross the US border.

**Purchase tickets online or through  
the office.**



## **Services for Seniors**

Here's what's happening this month in the Halpern Room  
**Wednesdays, 1:30 p.m.**

### **February 7**

#### **Why Lifelong Learning?**

**Rosalyn Kaplan, SFU**

Rosalyn Kaplan is the very dynamic Director of SFU's Seniors Program who has a passion for lifelong learning. There is much research that testifies to the importance of keeping the brain engaged to maintain brain health. Roz will take us on a stimulating and adventurous journey!



### **February 14**

#### **Adult Day Programs:**

**How do they support seniors and family caregivers in your community?**

**Kara Turner, ASK**



These programs provide a wonderful opportunity for your vulnerable loved ones to have safe and interesting activities while affording family caregivers support and respite. Kara Turner, the Executive Director of the ASK Friendship Society, will fill us in on this service in our communities.

### **February 21**

#### **Reduce Stress and Gain Well-Being**

**Nicolette Eus**

Everyone could use a hand in coping with anxiety and everyday challenges. Nicolette Eus (Clinical Hypnotherapist, Certified Neurolinguistic Programming Practitioner and Hatha Yoga teacher) will introduce us to stress reduction techniques in this experiential presentation.



### **February 28**

#### **Council of Senior Citizens' Organizations (COSCO) of BC**

**Barbara Mikulec, President**

If you have a beef you want to pursue about a senior's issue you will find help in this umbrella group of 80 diverse organizations. Barbara Mikulec, the current President, will give us an introduction to this huge advocacy organization.

**Please *Welcome!* these new members ...**

Sharon Adelman, Elizabeth Anderson, Keith Andrews, Oscar Bisnar, Gerald Brown, Jean Brown, Oonagh Burns, Elisabeth Buxbaum, Cecilia Carpio, David Chapman, Inga Chapman, Lau Ching Choi, Grant Churchill, Barbara Cohen, Ann Coombs, Dona Cornish, Alan Drinkwater, Jean Drummond, Merle Elstone, Wendy Eng, Horst Foellmer, Jiri Frohlich, Valerie Gaetanne, Lynda Gallagher, Reginald Giekes, Colin Gray, Linda Hanson, Penny Heaton, Philip Holden, Melina Hung, Sue Hurd, Renee Janak, Doug Johnson, Hendrik Kamerling, Joan Kenny, Wayne Kettles, Patricia Kilgour, Larry Koo, Barbara Kubik, Birthe Kulich, Janet Loudon, Geoff Lyon, Jane Mac Ewan, Margaret MacPhee, Phyllis Mallett, Renate May, Gailanne McLella, Michelle Morissette, Alice Mynett, Marny Myttenar, Yun Sian Ng, Parker O'Brian, Judy Osburn, Sheila Page, Bruce Peter, Renee Pouliissou, Lori Purssell, Bonnie Richards, Roberta Russell, Lynn Shepard, Bernard Skene, Sheila Starek, Anne Stewart, Judy Storr, Judy Taylor, Marie-Claude Tremblay, Trudie Vandenburg, Suzette Walsh, Randi Weiss, Sheila Wex, Angela Wong, Bimla Yadav, and Devendra Yadav

## **Brock House Chess Club**

To start the Year of the Dog we are having a friendly in-house tournament. All members are welcome to participate. At this time we are using a chess-clock to keep tracking of the game time. Each player will have half an hour to make his or her moves.

The Brock House chess players meet every Tuesday and Thursday from 1:00 p.m. to 3:00 p.m. in the Meyer room. (Please note that the Meyer room may not be available while it is being refurbished, in which case an alternative venue will be posted on the Brock House daily sheet.)

All are welcome to come and play or watch and share their experience.

*-Alex Ramirez, Convenor*

### **Black wins in 3 moves**



### **White wins in 3 moves**



## **“How to Get Out of a Country without Paying Exit Fee”**

by

**Miriam Misao Batts**

My daughter and I were in Belgium. I can't remember the year. It was some time in 197-. I have been to Europe so often, it is difficult to remember the year.

Anyway it was during the time when the world was more peaceful and people were not so hustled. I can't remember why only my daughter and I were in Belgium but I think my husband had to attend a conference in Belgium and left earlier because teaching at the university did not give him time to sightseeing in the city.

So the mother and the daughter stayed longer, enjoyed themselves and the mother managed to spend all the money but 38 cents.

We got to the airport (I had saved the money for taxi fare.)

The line moved forward slowly.

We lined up together with other passengers.

I realized suddenly that other passengers were paying money to the customs officers.

“ Oh, dear, what shall I do?” I said within myself but I did not move away from the line. I decided the best way is not make a fuss and stay calm. After all, I slithered through similar situations: when my fifteen-old sister (only one and half years older than I) and I had to travel from Beijing, China to Japan during the war, without papers or in 1956 when I landed in Austria without transit visa. (The travel from China to Japan requires another chapter. )

Finally it came to my turn.

The officer calculated how much I should pay. He said so much and so much.

“I don't have it.” I said.

“Dollars will do”, he said.

“I don't have it in dollars, either”. By then the officer's eyes grew considerably larger.

“What have you, then?”

“Nothing. I have 38 cents.” “ But”, I hastily added, “my husband is a professor at the university so as soon as I get back, I will send you the money.”

The officer was quite for a moment but soon he said with a smile: “Passez, Madam.”

He sent us off with a dandy wink.





## **Harrison Hot Springs Bridge Tour** **April 17/18/19, 2018**

**This annual event is a successful, enjoyable three days of playing bridge, Duplicate, Chicago and fun bridge, prizes, fine dining, and use of hotel amenities.**

**Cost: \$355.00 per person, double occupancy  
\$495.00 per person, single occupancy**

**This price includes 2 dinners,  
2 buffet breakfasts, 2 night accommodation,  
bus transport to and from Brock House,  
and lessons by Al Freeze.**

### **Registration**

**You do not have to be a Brock House Society member to participate**

Brock House members date will begin Thursday, February 1 to Friday, March 2, 2018  
Non-members may register beginning Thursday, February 8, 2018

### **To Register**

By Phone: Brock House – 604-228-1461 Monday to Friday 8:45 a.m. – 3:45 p.m.  
On Line : After February 8 – [www.brockhousesociety.com](http://www.brockhousesociety.com)  
In person: Brock House, 3875 Point Grey Road, Vancouver, B.C., 3rd floor  
By mail: Brock House Society, 3875 Point Grey Road, Vancouver, B.C. V6R 1B3

Full payment required at time of registration  
Cash/Cheque/Visa/Master Card or Debit Card

## **Yarn and Needle Crafts**



The Yarn and Needle Crafts group is always in need of donations of whole balls of good new yarn to make projects to sell at the Summer and Christmas Fairs. Batches of several balls of the same yarn are especially useful in order to make larger projects. Donations of clean new fabric, thread and notions would also be appreciated. We are also very pleased to receive donations of new hand-made items from Brock House members who sew, knit, crochet, embroider, weave, quilt, etc. to sell at the Fairs. Please bring donations to the Meyer Room on Mondays between 9:30 and 11:30, or leave at the Office. Thank you.

*-Dorothy Simons and Carol Jackson, Convenors*



## **Workshop News**

The workshop has been busy since November. Many people have come by to ask for customized versions of items from the Fall fair that could be useful as personal gifts for Christmas and the coming year.

In the past few weeks we have made several looms, many bowls, some cutting boards, a three-step stool, a low two-step stool, a hallway stool for sitting-on-to-do-shoes, two tables, a multi-chambered box and several items for the shop including a cabinet for a new sink and some shelves.

We were also complimented on the sublime hand railing that curves around the post on the steps near the reception desk at the main entrance. The compliment for the craftsmanship in the handrail was well deserved but the railing was actually made by Don Martin rather than a workshop volunteer.

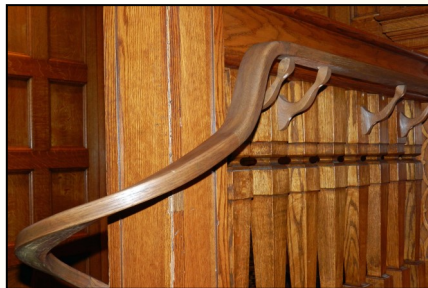
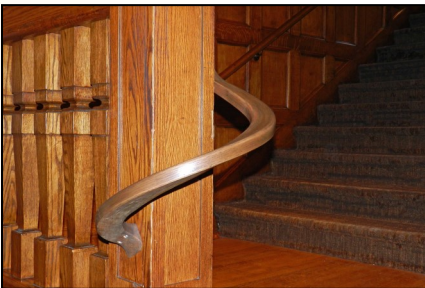
Don Martin constructed the rail over a couple of months as part of a paid agreement with Brock House Society. Part of that time was spent working out the method to make the bends without breaking the wood. Most of the time was taken by the slow process of laminating successive layers of thin lengths of wood together to form the curved bends then finishing the final work so it blended in with the rest of the wood on the stairs. If you carefully examine the top or the bottom of the rail in good light you can still make out the numerous thin pieces of wood that were individually glued together on successive days to form the rail.

The workshop serves three user groups. The first user group, comprised of members, constructs crafts that are sold to raise proceeds that help support and maintain Brock House. The second user group, also members, uses the workshop to make items for themselves, friends and families. The workshop is not set up for production work and users are not expected to run a business from the shop but it does permit access to the shop for a small third user group consisting of Brock House employees, Lee primarily, and the odd contractor working on small maintenance or restoration projects for Brock House.

The first user group can use the wood and supplies in the workshop. The second user group is expected to provide their own wood and consumable supplies but does have access to all the equipment. There are no staff so all users are expected to help each other and maintain the shop by servicing equipment and cleaning up their work sites.

If you have questions about the workshop or just want to ask us about your own special project needs please contact the Workshop Coordinator at the Brock House workshop on Thursday morning or e-mail [wramey@interchange.ubc.ca](mailto:wramey@interchange.ubc.ca) with "Brock House Projects" in the subject line.

*-Bill Ramey, Chair,  
Workshop Committee*



***Anyone who doesn't think money grows on trees hasn't bought any lumber lately.***

# BROCK HOUSE *Society*



## Friday Flicks

**Start time: 1:00 p.m.**

**\$2.00**

Exact change please.

**February 2**

***Maudie***

***Ireland/Canada - 2016 - 116 minutes***

A biographical film about the Nova Scotia artist, Maud Lewis (Hawke). It was shot in Newfoundland and Labrador and so an exact replica of her famously small home had to be created.

**February 9**

***Manchester by the Sea***

***USA - 2016 - 137 minutes***

A story about a man who cares for his teenage nephew after his brother dies. It received critical praise and was counted among the best films of 2016. Ben Affleck took the Oscar for Best Actor.

**February 16**

***Going in Style***

***USA - 2017 - 96 minutes***

A remake of the 1979 film of the same name. Three retirees decide to disguise themselves as "The Rat Pack" and rob a bank.

**February 23**

***London Road***

***Britain - 2015 - 91 minutes***

A musical mystery crime drama based on the National Theatre musical of the same name. It in turn is based on the interviews about the Steve Wright (Suffolk Strangler) killings in 2006. The film's choreographer, Javier de Frutos won the 2017 Chita Rivera Award for Outstanding Choreography in a Feature Film.



***If you missed this:***



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Photo credits: Ingrid Pinel and Peter Phillips

***You don't want to miss this:***

## **St. Patrick's Day Celebration**

Come and enjoy a sing-a-long with your fellow leprechauns  
Afternoon tea Irish-style will be served

**Thursday, March 15, 1:30 - 3:00 p.m.  
in the Conservatory**

**Members \$17.00 Guests \$20.00**

**Dress Code: *Fifty Shades of Green***

### Irish Blessing

*May the road rise up to meet you  
May the wind be always at your back  
May the sun shine warm upon your face  
and rains fall soft upon your fields  
And until we meet again  
May God hold you in the palm of his hand.*

**Purchase tickets online at [www.brockhousesociety.com](http://www.brockhousesociety.com) or through the Office**



**I DIVI in Concert**  
**February 6, 1:45-3:15**  
**Members \$8, Guests \$10**

## LUNCH MENU

### Brock House Society

### FEBRUARY 2018

## MEMBERS' MEETING

Please join the Board and the Governance Committee on to review and discuss the Society's Revised Constitution and New Bylaws.

**FEBRUARY 7, 10:30-12:30**

MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
			1 Leek Fennel Soup Chicken Pie Greek Potatoes Salad	2 Italian Wedding Soup  Fish & Chips
5 Turkey Vegetable Soup Turkey Pie Peas Salad	6 Lentil Soup Butter Chicken Mixed Vegetables Salad	7 French Onion Soup Ham & Onion Tart Potatoes Gratin Salad	8 Fish Chowder Salmon Calzone Rice Pilaf Salad	9 Green Pea Soup  Fish & Chips
12 Brock House Closed  Family Day	13 Squash Soup Jamaican Chicken Legs Red Bean Rice Salad	14 Lemon Chicken Rice Greek Chicken Thighs Potatoes Salad	15 Salmon Bisque Salmon Croquettes Green Beans Salad	16 Chinese New Year Cream of Leek Soup  Fish & Chips
19 Beef Barley Soup Beef & Mushroom Pie Mashed Potatoes Salad	20 Moroccan Vegetable Soup Chicken Pastilla Cous Cous Salad	21 Won Ton Soup Chicken Chow Mein Mixed Vegetables Rice	22 Green Pea Soup Irish Beef Stew Mashed Potatoes Salad	23 Carrot Ginger Soup  Fish & Chips
26 Manhattan Clam Chowder Vegetable Phyllo Pie Greek Potatoes Salad	27 Lentil Soup Lamb Curry Pie Squash & Peas Salad	28 Fassoulada Soup Moussaka Green Beans Salad		